Access Resources/Natural Support in Comm

Address Outstanding Financial Issues

Address Outstanding Legal Issues

Assess Situation and Identify Needs

Assessment of Risk

Attend 12-Step Meetings Regularly

Attend Classes

Clarify Job Dissatisfaction

Complete Treatment as Planned

Develop Coping Skills to Manage Issue(s)

Develop/Follow Routine or Structure

Educate Parent/Guardian

Educate Spouse/Partner

Educate Support System/Family/Friends

Engage with Peer Recovery Resources

Evaluate/Change Work Environment

Evaluate/Change/Stabilize LivingSituatio

Expand and Utilize Support System

Identify/Access Community Activities

Identify Alternative Behaviors

Identify Barriers

Identify Behavioral Consequences

Identify Patterns in Compulsive Behavior

Identify Personal Strengths

Identify Resources/Natural Support in Com

Identify Start/Root of Issue

Learn/Practice Alternative Behaviors

Learn/Practice Avoiding Impulsivity

Learn/Practice Communication Skills

Learn/Practice Coping Skills

Learn/Practice Goal Setting

Learn/Practice Healthy Boundaries

Learn/Practice Healthy Disagreement

Learn/Practice Identifying Needs

Learn/Practice Medication Adherence

Learn/Practice Money Management

Learn/Practice Organization and Planning

Learn/Practice Problem Solving Skills

Learn/Practice Self-Monitoring

Learn/Practice Symptom Management

Obtain Financial Assistance/Benefits

Obtain Legal Representation/Services

Other

Participate in Mental Health Treatment

Provide for Own Food/Clothes/Shelter

Reduce Compulsive/Addictive Behavior

Reduce Family Stress

Reduce Individual Level of Stress

Reduce Risk of Harm

Reduce Use of Drugs Including Alcohol

Secure/Hold Stable Employment