

Diagnostic Clarification and Treatment Recommendations for TERM Psychiatric Evaluation - CHILD/YOUTH

See TERM Handbook sections on "Required Format and Elements of a CFWB Psychological Evaluation" posted on Optum TERM Website www.optumsandiego.com/

PSYCHIATRIC EVALUATION OF CHILD/YOUTH

Diagnostic Clarification and Treatment Recommendations are needed. Please see the accompanying Evaluation Request Form (04-178) and review all provided history from the social worker to see why diagnostic clarification and treatment recommendations are needed at this time.

Evaluation narrative MUST include the following components:

1. Please describe the client's current mental status. What are the behavioral health or developmental disability issues that affect this client?
2. Does the client's presentation meet criteria for a specific DSM-5-TR **diagnosis/ diagnoses?** Please describe.
3. What are the appropriate treatment recommendations?
 1. What psychotropic medications should be prescribed or adjusted? What are the appropriate dosages? How should the medications be monitored? What side effects can the client expect?
 1. Please describe how we may best help this youth stabilize her mental health.
 2. Are there cultural/linguistic issues with regard to treatment that should be considered?
4. Is a comprehensive psychological evaluation indicated? If yes, how would this be helpful?
5. Is there anything else we should know that you think may help us help this youth?