



Intimate Partner Violence Safety Plan Guidelines

- A. The following guidelines are intended to provide assistance with safety planning in Child and Family Well Being (CFWB) cases involving domestic violence.
- B. Submission of written domestic violence safety plans to CFWB is not required. For client protection, please do not release this information.**
- C. The domestic violence safety plan is intended to facilitate empowerment of the victim or non-protective parent by providing concrete steps for preventing exposure to future acts of physical or emotional abuse through proactive behaviors.
- D. The domestic violence safety plan should address the emotional as well as technological and physical safety and well-being of the child(ren) and identified victim(s). The identified action steps and behaviors must be very specific and must incorporate the case-specific risks identified in the CFWB Therapy Referral Form that the client and therapist are addressing.
- E. Protective actions include identification of specific triggers or conditions under which the child and client may be put at risk. These triggers may be external or internal to the non-protecting parent AND/OR to the offending parent that signal danger. These are best organized on a continuum from earliest warning signs to signs of imminent danger.
- F. The safety plan should identify what the victim or non-protecting parent will do if the identified triggers or “red flags” occur.
- G. The plan should consider and address client logistics, support system, and access to specific resources such as:
 - a. Emergency phone numbers (police, crisis lines, battered women’s hotlines, safe individuals in their support system)
 - b. List of available resources (legal guidance, medical, advocacy)
 - c. List of phone numbers to shelters, safe houses, or other safe places where the client can go
 - d. Temporary Restraining Order information
 - e. Concrete behavioral steps to take in an emergency
 - f. Rehearsal of safety plan steps when appropriate