

New Services for Medi-Cal Members

You may be eligible for Community Supports



Community Supports are free! These services are provided by your Medi-Cal Health Plan. They support your health and wellbeing at home and in your community!



Housing

Help with finding low-cost housing, security deposits, and the first month of utilities and to help you transition back home from the hospital or care facility.



Care at Home

Personal care and home services, making your home safer and more livable to help you stay healthy at home or reduce asthma.



Recovery

A place to heal after a hospital stay, short-term care, sobering centers, and help with improving skills for daily living.



Healthy Food

Home delivered meals to help with long- and short-term health needs.



Talk to your healthcare provider or call your Medi-Cal Health Plan to see if you are eligible.
See the other side for more information.



COUNTY OF SAN DIEGO
BEHAVIORAL HEALTH SERVICES

Updated on 9/18/2026

What are Community Supports?

- Please call your healthcare provider or Medi-Cal Health Plan to see if you are eligible for Community Supports.
- Community Supports provide short-term services to address health and social needs.
- Medi-Cal members who are receiving a Community Support service may also be eligible for Enhanced Care Management.

Community Supports

Examples

Housing Transition Navigation Services	Housing assessment, plan, and search for housing
Housing Deposits	Security deposits, first month utilities, set-up fees
Housing Tenancy and Sustaining Services	Support and coaching to help maintain housing
Short-term Post-Hospitalization Housing	Short-term housing to prevent going back to the hospital
Recuperative Care (Medical Respite)	Short-term housing with care to heal after being in the hospital
Day Habilitation Programs	Peer mentoring to improve life skills
Respite Services	A short-term caregiver to provide help to a person who has a main caregiver that needs more support
Nursing Facility Transition/Diversion to Assisted Living Facilities	Support for activities of daily living to help people stay in their communities or prevent going into a facility
Community Transition Services/Nursing Facility Transition to a Home	Security deposit, housing navigation, home modifications
Personal Care and Homemaker Services	Caregiver to assist with activities of daily living
Environmental Accessibility Adaptations (Home Modifications)	Ramps, grab-bars, stair lifts, roll-in shower
Medically Tailored Meals/Medically-Supportive Food	Home delivered meals based on health needs
Asthma Remediation	Air filters, HEPA vacuum, pest management, mold removal
Sobering Centers	A safe place for people to recover who are under the influence in public for up to 24 hours

Contact your Medi-Cal Health Plan

- To see if you qualify for Community Supports and to sign up, talk to your healthcare provider. Or call the number on your insurance plan card or your plan's number listed here.
- If you don't have Medi-Cal and want to enroll, please call 866-262-9881.

Medi-Cal Plans

Phone Number

Blue Shield Promise	1-855-699-5557
Community Health Group	1-800-224-7766
Kaiser Permanente	1-855-839-7613
Molina Healthcare	1-888-665-4621