QUALITY ASSURANCE – HHSA-BHS MEDICATION MONITORING SCREENING TOOL - AOA OUTPATIENT

QUARTER: 1 2 3 4

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Psychiatrist:	DOB:	Age:
Reviewer(s)	Case#:	Ht(in)/Wt(lb):
Reviewer credentials:	D. .	11t(III)/ vv t(ID).
Review Date:	Diagnosis:	Last MD Visit:
		Allergies:

Client.

CRITERIA Y N N/A COMMENTS

- 1. Medication rationale and dosage is consistent with the community standards.
- 2. Were labs indicated?

Program.

- 2a. Were lab results obtained?
- 2b. Were lab results reviewed by medical staff?
- 2c. Were lab results present in the chart?
- 2d. Were attempts made to obtain appropriate labs?
- 2e. If treatment continues without labs, is there appropriate rationale to continue/discontinue medications?
- 2f. Is there evidence of documented clinical justification and/or treatment plan adjustment when requested labs have not been completed for any reason?
- **3.** Physical health conditions and treatment are considered when prescribing psychiatric medication(s)?
- **4.** No more than 1 medication of each chemical class concurrently without a clearly documented rational.
- **5.** Adverse drug reactions and/or side effects are treated and managed effectively.
- 6. Informed Consent for psychotropic medication is required when a new medication is prescribed or when a client resumes taking medication following a documented withdrawal of consent. Informed consent is necessary when there is a change in dosage, but the MD/NP may initially document an anticipated "dosage range" to reduce the frequency of detailed documentation of informed consent. One of two options must be utilized:
 - 1. Presence of the BHS Informed Consent for Psychotropic Medication form physically present in the hybrid chart. Signature and/or documented verbal consent are acceptable
 - 2. If the MD/NP has chosen to not utilize the above form, all elements must be documented in the clinical note. (*See **Note**)

Notes:

Cender:

If labs were not indicated and marked **NO**, then subquestions a-e should be **N/A**.

*McFloop not required when missing labs are due to client noncompliance.

*If 2f is marked **NO**, a McFloop is required with explanation.

*Note:

Elements of informed consent:

- Explanation of the nature of the mental health condition and why psychotropic medication is being recommended.
- The general type (antipsychotic, antidepressant, etc.) of medication being prescribed and the medication's specific name.
- The dose/dose range, frequency and administration route of the medication being prescribed.
- What situations, if any, warrant taking additional medications.
- How long it is expected that the client will be taking the medication.
- Whether there are reasonable treatment alternatives.

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CONTROLLED SUBSTANCE CRITERIA

 \underline{Y} \underline{N} $\underline{N/A}$

COMMENTS

- 7. Documentation includes:
 - 8a. Client's response to medication therapy?
 - 8b. Presence/absence of side effects?
 - 8c. The extent of client's adherence with the prescribed medication regiment and relevant instructions?
 - 8d. Client's degree of knowledge regarding management of his/her medication(s).
- **8.** Dose is within the community standards of the FDA guidelines:
 - 9a.) Diazepam max dose 40mg/day
 - 9b.) Clonazepam max dose 6mg/day
 - 9c.) Lorazepam max dose 6mg/day
 - 9d.) Avoid opioid and benzodiazepine combination

Note: This item would be marked **NO** and variance/McFloop required if any medication dose listed is not within community standards of FDA Guidelines.

- **9.** Documentation shows absence of BZD abuse.
- 10. Documentation shows absence of BZD abuse.
- **11.** For long-term use of BZD medication, rationale is documented based on previous failures on other treatment medications or modalities.
- No more than one anxiolytic is prescribed without a clearly documented rationale.
- **13.** If treatment is for short-term use as a sleep aid, documentation shows evidence that patient has failed previous non-BZD medications.
- **14.** If patient is requesting medication between doctor visits or escalating doses without physician approval, interventions to address these behaviors are documented.

Please complete a McFloop Form if there are any variances and submit to County QM along with this tool and Submission Form. Forms can be sent via confidential fax to 619-236-1953 or encrypted email to: Qimatters.hhsa@sdcounty.ca.gov.