

DSM-5 Substance Use Diagnosis Guide

DMC
Approved
Billable
Codes

SEVERITY LEVELS

- **Mild** = Presence of 2-3 DSM-5 criteria symptoms
- **Moderate** = Presence of 4-5 DSM-5 criteria symptoms
- **Severe** = Presence of 6 or more DSM-5 criteria symptoms

SPECIFIERS

- **Early Remission** = 3 months to 1 year with no presence of DSM-5 criteria symptoms
- **Sustained Remission** = 1 year or more with no presence of DSM-5 criteria symptoms
- **In Controlled Environment** = If individual is in an environment where access to substances are restricted

SUBSTANCE	DSM-5 DIAGNOSIS LABEL	ICD-10 CODES
Alcohol Example: beer, liquor	Alcohol Use Disorder, MILD	F10.10
	Alcohol Use Disorder, MODERATE or SEVERE	F10.20
	Alcohol Use Disorder, Mild in early or sustained REMISSION	F10.11
	Alcohol Use Disorder, Moderate or Severe in early or sustained REMISSION	F10.21
	Alcohol Intoxication with Use Disorder, MILD	F10.129
	Alcohol Intoxication with Use Disorder, MODERATE or SEVERE	F10.229
	Alcohol Intoxication without Use Disorder	F10.929
	Alcohol Withdrawal without Perceptual Disturbances	F10.239
Opioid Example: Heroin, Hydrocodone (Norco, Vicodin), Oxycodone (OxyContin, Percocet), Morphine, Hydromorphone (Dilaudid), Codeine (cough syrup), Meperidine (Demerol), Fentanyl, etc.	Opioid Use Disorder, MILD	F11.10
	Opioid Use Disorder, MODERATE or SEVERE	F11.20
	Opioid Use Disorder, Mild in early or sustained REMISSION	F11.11
	Opioid Use Disorder, Moderate or Severe in early or sustained REMISSION	F11.21
	Opioid Intoxication without Perceptual Disturbances with Use Disorder, MILD	F11.129
	Opioid Intoxication without Perceptual Disturbances with Use Disorder, MODERATE or SEVERE	F11.229
	Opioid Intoxication without Perceptual Disturbances without Use Disorder	F11.929
	Opioid Withdrawal	F11.23
Cannabis Example: Marijuana and marijuana-related products	Cannabis Use Disorder, MILD	F12.10
	Cannabis Use Disorder, MODERATE or SEVERE	F12.20
	Cannabis Use Disorder, Mild in early or sustained REMISSION	F12.11
	Cannabis Use Disorder, Moderate or Severe in early or sustained REMISSION	F12.21
	Cannabis Intoxication without Perceptual Disturbances with Use Disorder, MILD	F12.129
	Cannabis Intoxication without Perceptual Disturbances with Use Disorder, MODERATE or SEVERE	F12.229
	Cannabis Intoxication without Perceptual Disturbances without Use Disorder	F12.929
Sedative, Hypnotic, or Anxiolytic Example: Benzodiazepines (Xanax [alprazolam], Ativan [lorazepam], Valium [diazepam], Klonopin [clonazepam]); Barbiturates (Pentobarbital, Secobarbital, etc.), Ambien [zolpidem], Lunesta [eszopiclone], Sonata [zaleplon], Imrest [zopiclone], Z-drugs, etc.	Sedative, Hypnotic, or Anxiolytic Use Disorder, MILD	F13.10
	Sedative, Hypnotic, or Anxiolytic Use Disorder, MODERATE or SEVERE	F13.20
	Sedative, Hypnotic, or Anxiolytic Use Disorder, Mild in early or sustained REMISSION	F13.11
	Sedative, Hypnotic, or Anxiolytic Use Disorder, Moderate or Severe in early or sustained REMISSION	F13.21
	Sedative, Hypnotic, or Anxiolytic Intoxication with Use Disorder, MILD	F13.129
	Sedative, Hypnotic, or Anxiolytic Intoxication with Use Disorder, MODERATE or SEVERE	F13.229
	Sedative, Hypnotic, or Anxiolytic Intoxication without Use Disorder	F13.929
	Sedative, Hypnotic, or Anxiolytic Withdrawal without Perceptual Disturbances with Use Disorder, MODERATE or SEVERE	F13.239
Cocaine Example: Cocaine (coke, blow, snow, etc.)	Cocaine Use Disorder, MILD	F14.10
	Cocaine Use Disorder, MODERATE or SEVERE	F14.20
	Cocaine Use Disorder, Mild in early or sustained REMISSION	F14.11
	Cocaine Use Disorder, Moderate or Severe in early or sustained REMISSION	F14.21
	Cocaine Intoxication, without Perceptual Disturbances with Use Disorder, MILD	F14.129
	Cocaine Intoxication without Perceptual Disturbances with Use Disorder, MODERATE or SEVERE	F14.229
	Cocaine Intoxication without Perceptual Disturbances without Use Disorder	F14.929
	Cocaine Withdrawal	F14.23

<p>Amphetamine-Type Substance Example: Methamphetamine (crystal meth, crank, speed, tweek, glass, etc.)</p>	Amphetamine-Type Substance Use Disorder, MILD	F15.10
	Amphetamine-Type Substance Use Disorder, MODERATE or SEVERE	F15.20
	Amphetamine-Type Substance Use Disorder, Mild in early or sustained REMISSION	F15.11
	Amphetamine-Type Substance Use Disorder, Moderate or Severe in early or sustained REMISSION	F15.21
	Amphetamine-Type Substance Intoxication without Perceptual Disturbances with Use Disorder, MILD	F15.129
	Amphetamine-Type Substance Intoxication without Perceptual Disturbances with Use Disorder, MODERATE or SEVERE	F15.229
	Amphetamine-Type Substance Intoxication without Perceptual Disturbances without Use Disorder	15.929
	Amphetamine-Type Substance Withdrawal	F15.23
<p>Other or Unspecified Stimulant Example: Ritalin (methylphenidate), Adderall (dextroamphetamine/ amphetamine), Vyvanse, (lisdexamfetamine), etc.</p>	Other or Unspecified Stimulant Use Disorder, MILD	F15.10
	Other or Unspecified Stimulant Use Disorder, MODERATE or SEVERE	F15.20
	Other or Unspecified Stimulant Use Disorder, Mild in early or sustained REMISSION	F15.11
	Other or Unspecified Stimulant Use Disorder, Moderate or Severe in early or sustained REMISSION	F15.21
	Other Stimulant Intoxication without Perceptual Disturbances with Use Disorder, MILD	F15.129
	Other Stimulant Intoxication without Perceptual Disturbances with Use Disorder, MODERATE or SEVERE	F15.229
	Other Stimulant Intoxication without Perceptual Disturbances without Use Disorder	F15.929
	Other Stimulant Withdrawal	F15.23
<p>Phencyclidine Example: PCP (phencyclidine)</p>	Phencyclidine (PCP) Use Disorder, MILD	F16.10
	Phencyclidine (PCP) Use Disorder, MODERATE or SEVERE	F16.20
	Phencyclidine (PCP) Use Disorder, Mild in early or sustained REMISSION	F16.11
	Phencyclidine (PCP) Use Disorder, Moderate or Severe in early or sustained REMISSION	F16.21
	Phencyclidine (PCP) Intoxication with Use Disorder, MILD	F16.129
	Phencyclidine (PCP) Intoxication with Use Disorder, MODERATE or SEVERE	F16.229
	Phencyclidine (PCP) Intoxication without Use Disorder	F16.929
<p>Other Hallucinogen Example: LSD (acid), Ecstasy (MDMA), Ketamine, magic mushrooms (Psilocybin), Peyote (Mescaline), etc.</p>	Other Hallucinogen Use Disorder, MILD	F16.10
	Other Hallucinogen Use Disorder, MODERATE or SEVERE	F16.20
	Other Hallucinogen Use Disorder, Mild in early or sustained REMISSION	F16.11
	Other Hallucinogen Use Disorder, Moderate or Severe in early or sustained REMISSION	F16.21
	Other Hallucinogen Intoxication with Use Disorder, MILD	F16.129
	Other Hallucinogen Intoxication with Use Disorder, MODERATE or SEVERE	F16.229
	Other Hallucinogen Intoxication without Use Disorder	F16.929
<p>Inhalant Example: Glues, spray cans, etc.</p>	Inhalant Use Disorder, MILD	F18.10
	Inhalant Use Disorder, MODERATE or SEVERE	F18.20
	Inhalant Use Disorder, Mild in early or sustained REMISSION	F18.11
	Inhalant Use Disorder, Moderate or Severe in early or sustained REMISSION	F18.21
	Inhalant Intoxication with Use Disorder, MILD	F18.129
	Inhalant Intoxication with Use Disorder, MODERATE or SEVERE	F18.229
	Inhalant Intoxication without Use Disorder	F18.929
<p>Other (or Unknown) Substance</p>	Other (or Unknown) Substance Use Disorder, MILD	F19.10
	Other (or Unknown) Substance Use Disorder, MODERATE or SEVERE	F19.20
	Other (or Unknown) Substance Use Disorder, Mild in early or sustained REMISSION	F19.11
	Other (or Unknown) Substance Use Disorder, Moderate or Severe in early or sustained REMISSION	F19.21
	Other (or Unknown) Substance Intoxication with Use Disorder, MILD	F19.129
	Other (or Unknown) Substance Intoxication with Use Disorder, MODERATE or SEVERE	F19.229
	Other (or Unknown) Substance Intoxication without Use Disorder	F19.929
	Other (or Unknown) Substance Withdrawal	F19.239

Priority Social Determinants of Health Codes (SDOH)

Code	Description
Z55.0	<i>Illiteracy and low-level literacy</i>
Z58.6	<i>Inadequate drinking-water supply</i>
Z59.00	<i>Homelessness unspecified</i>
Z59.01	<i>Sheltered homelessness</i>
Z59.02	<i>Unsheltered homelessness</i>
Z59.1	<i>Inadequate housing (lack of heating/space, unsatisfactory surroundings)</i>
Z59.3	<i>Problems related to living in residential institution</i>
Z59.41	<i>Food insecurity</i>
Z59.48	<i>Other specified lack of adequate food</i>
Z59.7	<i>Insufficient social insurance and welfare support</i>
Z59.811	<i>Housing instability, housed, with risk of homelessness</i>
Z59.812	<i>Housing instability, housed, homelessness in past 12 months</i>
Z59.819	<i>Housing instability, housed unspecified</i>
Z59.89	<i>Other problems related to housing and economic circumstances</i>
Z60.2	<i>Problems related to living alone</i>
Z60.4	<i>Social exclusion and rejection (physical appearance, illness or behavior)</i>
Z62.819	<i>Personal history of unspecified abuse in childhood</i>
Z63.0	<i>Problems in relationship with spouse or partner</i>
Z63.4	<i>Disappearance & death of family member (assumed death, bereavement)</i>
Z63.5	<i>Disruption of family by separation and divorce (marital estrangement)</i>
Z63.6	<i>Dependent relative needing care at home</i>
Z63.72	<i>Alcoholism and drug addiction in family</i>
Z65.1	<i>Imprisonment and other incarceration</i>
Z65.2	<i>Problems related to release from prison</i>
Z65.8	<i>Other specified problems related to psychosocial circumstances (religious or spiritual problem)</i>