



Pediatric Symptom Checklist (PSC-35)

Completed By:

1. Parent/caregiver Pediatric Symptom Checklist (PSC)
2. When no parent/guardian is available, any individual in a caretaking capacity (i.e. residential staff, social worker, relative, etc.) may complete the measure.

Completed at:

1. Admission into the program (within thirty (30) days of SmartCare intake date)
 2. UM cycle or every six (6) months (whichever occurs first)
 3. Discharge (within seven (7) days from discharge date)
 - a. *Please note: If the PSC was completed within sixty (60) days from the discharge date, a discharge PSC does not need to be administered. The prior PSC will be accepted as the discharge measure.*
 - b. *The Administrative Close reason for assessment can be used when a client has not met with in two (2) months or has completed the outcomes less than sixty (60) days from D/C date.*
- Data **must be entered** into SmartCare Electronic Health Record. PSC Downtime forms should be scanned/uploaded to SmartCare EHR and filed in the hybrid chart.

Compliance & Documentation Requirements:

1. The PSC is provided to caregivers of children and youth three to eighteen (3 -18) years of age. If the PSC is completed for a youth who is eighteen (18) years old at start of treatment and that youth turns nineteen (19) years old during the treatment episode, the PSC must still be completed at discharge (*if you start with a measure, end with it*).
2. All questions should be completed for members ages six to eighteen (6-18) years of age.
3. Omit questions numbered 5, 6, 17 & 18 when completing for members ages three to five (3-5) years of age. SmartCare does not require these questions to be completed for members ages three to five (3-5) years of age.

4. PSC –Downtime forms in Arabic, Spanish, Farsi, Tagalog and Vietnamese are located on: Optum Website> UCRM Tab. The English version of the PSC downtime form is located on the [CalMHSA Website](#).
 - a. Downtime forms have the same base questions, but providers will need to address the following items that are missing from the downtime forms:
 - i. In SmartCare, you will need to select “Yes” or “No” for the following question: *“Does client have a parent/caregiver available?”*

If “Yes”, then you will need to select the Caregiver Type. If using the PSC Downtime form, you will select the correct radio button for “Person filling out form”.
 - ii. SmartCare PSC includes an open text box for the following question: *“If reason for assessment is Major Life Event: Describe.”*

PSC Downtime forms do not have this question so it will need to be addressed if completing the downtime forms.
 - iii. SmartCare PSC has additional questions:

“Does your child have any emotional or behavioral problems for which she or he needs help?” and *“Are there any services that you would like your child to receive for these problems?”*.

PSC Downtime forms do not have these additional questions so these will also need to be addressed if completing the downtime form.
5. For youth in multiple programs: PSC is streamlined in SmartCare so that only one (1) assessment is due for each youth. Instead of each program completing its own PSC, providers will collaborate to determine the best provider to perform the PSC.
6. If the score is above the clinical cutoff, document in a service note and ensure interventions in the care planning will address the member’s continuing need for services.
7. PSC data should be reviewed and shared with the member to monitor progress.
8. Medication only cases are exempt from completing the PSC

Resources: For questions about PSC completion in SmartCare, visit the [CalMHSA Website](#)